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Ripples

NEWSLETTER OF ROTARY
CLUB OF PILATHARA



27
Meet our
New Member
Rtn. Ramesh Chirayil



**Together,
we end polio**

**WORLD
POLIO DAY
24 OCTOBER**

Rotary Club of Pilathara stands in strong alignment with Rotary International's global mission to eradicate polio. This is a cause that unites Rotarians around the world, and our club is no exception. As part of this commitment, we encourage all members to contribute a nominal amount of Rs. 500 towards the "End Polio Fund."



Your contribution, brings us one step closer to achieving a polio-free world. Let us work together to make this vision a reality, and continue to be a part of this historic effort.

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Of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

President : Rtn. C.K. Purushothaman
Secretary : Rtn. Sunil Kottarathil
Treasurer : Rtn. T.T. Sajeewan
GGR : Rtn. Aravindakshan K
Asst. Governor : Rtn. Dr. K. Padmanabhan

RI President : Stephanie Urchick
District Governor : Rtn. MD. Dr. Santhosh Sreedhar
District Secretary : Rtn. Er. C.R Nambiar
Rot. Int. Director : Rtn. TN Subramanian (Raju)
Zonal Coordinator : Rtn. V.K.V Manoj

Club newsletters are one of the most effective ways to share the message of Rotary, highlighting both general activities and specific club initiatives within the community. A well-organized and content-rich newsletter can create a significant impact, engaging club members, their families, and the broader society. By spreading awareness of Rotary activities through newsletters, we create public understanding of the "Magic of Rotary." Recognizing its importance, Rotary Club of Pilathara has committed to enhancing its newsletter, "Ripples," with monthly publications. After receiving widespread appreciation for the July edition, the August edition was released electronically during the weekly meeting on 7th August 2024. Charter President Rtn. MPHF Prof. Raveendran unveiled the newsletter, while Editor Rtn. Gireesh Kumar, President Rtn. CK Purushothaman, and Secretary Rtn. Sunil Kottarathil shared their insights during the event.



Releasing August Edition of Ripples in Electronic Format.

From the Desk of the EDITOR

It is with great pleasure that we release the 3rd edition of *Ripples*, the monthly newsletter of the Rotary Club of Pilathara. The positive feedback we received on the July and August editions has been incredibly encouraging. These newsletters have played a crucial role in bringing our members closer, which is especially important as the club focuses on "Member Engagement" this year.

Ripples offers a platform for members to share their achievements both within Rotary and in their personal endeavors. By highlighting these successes, we aim to inspire all members to excel in their fields and contribute to the betterment of society. Our goal is to cultivate a community where service, success, and the spirit of Rotary are celebrated.

We invite all members to share their stories of success, service, and impact for future editions of *Ripples*. Together, let's continue to inspire each other and make a positive difference in the world!



Rtn. E.N. Gireesh Kumar
Bulletin Editor

Message from the PRESIDENT



Rtn. C.K. Purushothaman
Club President

"Throw yourself into some work you believe in with all you heart, live for it, die for it, and you will find happiness that you had thought could never be yours."

-Dale Carnegie

As we complete two months of this Rotary Year, there is immense satisfaction in reflecting on the meaningful activities our Rotary Club of Pilathara has undertaken during this period. The club has placed a strong emphasis on effective member engagement, ensuring that the maximum number of our members actively participate in the noble services we are carrying out.

Each of our members is unique, possessing a wide range of special skills and a solid presence in their respective fields of service. Recognizing this, the club has introduced a new initiative where members are given a platform to present their area of expertise during each weekly meeting. The enthusiastic response from both the speakers and the audience has been heartwarming, leading to valuable and insightful sessions that benefit the entire club.

Rotary Club of Pilathara also takes pride in acknowledging the services of our members. In July, the club honored members in the medical profession by visiting them at their workplaces or homes. In August, as part of the Independence Day celebrations, we recognized the contributions of our ex-servicemen members. Moving forward, we have already made plans to recognize our members who work in the field of education, with a special recognition event planned during the first week of September on Teachers' Day.

Our members are truly our strength. By fostering a deep connection to the club's activities, we can achieve even greater heights. Together, let's continue striving toward the pinnacle of service!

The Rotary Club of Pilathara celebrated the 78th Independence Day of the nation with great pride and enthusiasm. The celebration commenced at 9:00 am with Club President Rtn. CK Purushothaman inaugurating the event by hoisting the tricolor flag in front of Rotary Pearl, the home of Pilathara Rotary Club. The event witnessed active participation from several members.

The celebrations extended beyond the club, as members demonstrated their social commitment by participating in Independence Day functions at nearby schools and community centers.

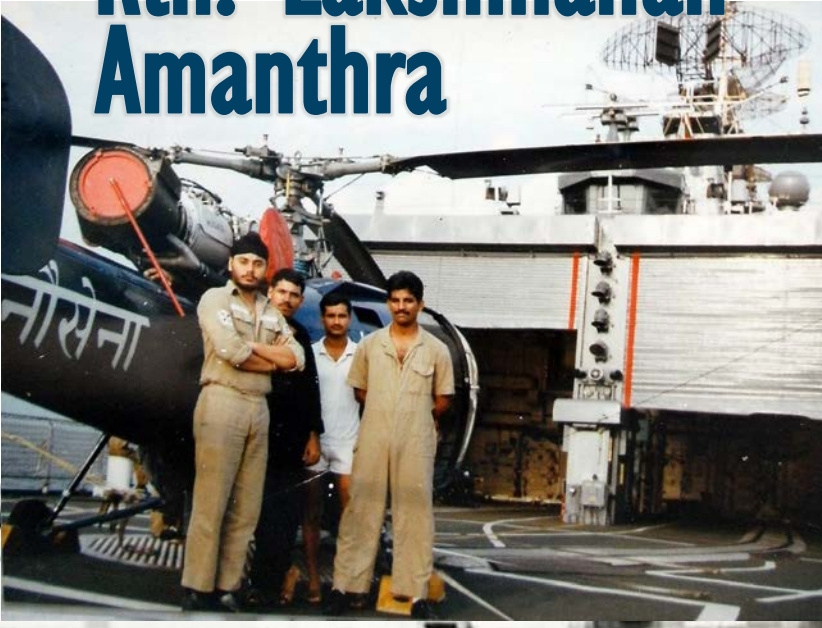
On Independence Day, the Rotary Club of Pilathara held a special ceremony to honor four of its ex-servicemen members for their distinguished service to the nation. Rtn. MPHF Aravindakshan, Rtn. MPHF Chathukutty Nambiar, Rtn. Lakshmanan Amanthra, and Rtn. Lakshmanan K were recognized for their invaluable contributions during their time in the Indian Army and Navy. As a gesture of gratitude and respect, Club President Rtn. CK Purushothaman presented each of them with a traditional shawl.

The ceremony served as a reminder of the importance of their service to the nation and highlighted their continued dedication to the community through Rotary. Their stories of bravery and commitment were shared as an inspiration to the younger generation, encouraging them to embrace service and patriotism. The event was a fitting tribute to these veterans and a reflection of Rotary's commitment to honoring those who have dedicated their lives to the nation.

*Honoring
Ex-Service Men
On the
Independence Day*



Ex-Service Men **Rtn. Lakshmanan Amanthra**



Rtn. Lakshmanan Amanthra was born on July 12, 1963, in Keezhattoor near Taliparamba as the second son of the late Chandukutty Nambiar and Amanthra Yesoda. His early education began at Kottaram UP School in Taliparamba, a school founded by his grandfather, the late PK Govindan Nambiar. He continued his education at Moothedathu High School and later at Chinmaya Mission College before joining the Indian Navy in 1983, driven by his passion for swimming.

Rtn. Lakshmanan completed his basic training onboard Indian Naval Ship Chilka in Orissa and later joined the prestigious electrical engineering college on INS Valsura, one of the largest technical libraries in the Indian Navy. His training spanned various technical disciplines, including electrical mechanisms, motor mechanisms, electronic communication, and transmitter and receiver systems. He also underwent skill training in areas like long-distance swimming, survival techniques, advanced firefighting, and medical first aid at various naval training establishments.

Throughout his naval career, Rtn. Lakshmanan served as an electrical supervisor and officer on several naval ships, including India's largest aircraft carrier, INS Vikrant. His service took him to diverse locations, including Rameswaram (Tamil Nadu), Koteswar (Kutch, Gujarat), Andaman Nicobar Islands, and major ports such as Calcutta, Chennai, Goa, Kochi, and Mumbai. He also worked at naval headquarters in New Delhi and participated in international voyages to countries like Kuwait, Qatar, Oman, Singapore, and Malaysia.

After retiring from the Navy in 1998 with the rank of Chief Petty Officer and earning a Technical Graduation degree equivalent to a BE, Rtn. Lakshmanan joined the Merchant Navy as an Electric Officer, where he primarily worked on container ships. His experience of weeks-long sea voyages with international crews added a unique perspective to his career.

Subsequently, he spent two years working with KSFE before venturing into entrepreneurship by founding Skybird Tours and Travels in Taliparamba. Currently, he is developing a tourist resort on Therlai Island near Taliparamba.

Rtn. Lakshmanan is married to Pankajakshi, who is the headmistress of Kadannappalli East LP School. They have two children: the elder is working in the IT field in Bangalore, and the younger is pursuing an MBA at Christ College, New Delhi.

Ex-Service Men **Rtn. K Chathukutty Nambiar**



K. Chathukutty Nambiar was born on September 21, 1952, to the late Kuppadakkattu Kelappan Nambiar and Kaipratthu Narayani Amma in Mathamangalam. After completing his high school and Plus Two education, he joined the Indian Army, dedicating 28 years of service to the nation. Throughout his military career, he served in various capacities and eventually retired as an Honorary Subedar Major. His service took him to numerous locations, including the borders of Ladakh, Leh, Kashmir, and the northeastern regions of Assam. In recognition of his dedication and commitment, he received several medals and graduated as an officer from the Indian Army.

Chathukutty Nambiar was married to the late Shyamala Kuppadakkattu, who served as the District Women's Welfare Officer in the Kerala government. The couple was blessed with two sons and one daughter, all of whom are B.Tech engineers and are settled abroad.



Deeply passionate about social service, Chathukutty Nambiar has been actively involved in Rotary. He served as the President of Rotary Club Pilathara for two consecutive years and later took on the role of Assistant Governor of Rotary International District 3204 during the 2023-24 term. Currently, he serves as the Rotary District Officer for the Kannur Zone.

Since his retirement from the Army, Chathukutty Nambiar has continued to pursue his interest in travel, visiting countries such as the UK (Scotland), Japan (Kawasaki), Oman (Muscat), Qatar (Doha), and Thailand. His enthusiasm for exploring new places reflects his dynamic personality and his broad experiences both in service and in life.



1961 മെയ് മാസം 23 ആം തീയതി കണ്ണൂർ ജനറൽ ആശുപത്രിയിൽ ജനനം. അപ്പോൾ അച്ഛൻ പ്രായം 52, അമ്മയ്ക്ക് 30. പ്രൈമറി വിദ്യാഭ്യാസം (1-4) മാതമംഗലം / ചെറുതാഴം എൽ പി സ്കൂളുകളിൽ. അഞ്ചു മുതൽ മാതമംഗലം ഗവ ഹൈസ്കൂളിൽ. 77 മാർച്ചിൽ ഫസ്റ്റ് ക്ലാസോടു കൂടി **SSLC** പാസ്സായി. ആ വർഷം സ്കൂളിൽ ആകെ 3 പേർക്കാണ് അത് സാധ്യമായിരുന്നത്. അതിന്റെ അഹങ്കാരത്തിൽ കണ്ണൂർ പോളിയിലേക്ക് മാത്രം അപേക്ഷ കൊടുത്തു. എന്നാൽ ഒന്നും രണ്ടും അലോട്മെന്റിൽ പേർ വന്നില്ല, അപ്പോഴേക്കും മറ്റു കോളജുകളിൽ അഡ്മിഷൻ ക്ലോസ് ചെയ്തിരുന്നു. മൂന്നാം ചാൻസിൽ ഇലക്ട്രിക്കൽ എഞ്ചിനീറിങ്ങിൽ പ്രവേശനം കിട്ടി, അതുകൊണ്ട് ക്ലാസ്സുമായി ഇണങ്ങിപ്പോകാൻ പ്രയാസപ്പെട്ടു. കാരണം ഗുരുമുഖത്ത് നിന്നു കേട്ട് പഠിച്ചാണ് ശീലം, വായിച്ചല്ല. ഹോസ്റ്റലിൽ താമസിച്ചാണ് പഠിച്ചത് എന്ന് പറഞ്ഞാൽ ഇന്നാരും വിശ്വസിക്കില്ല, പക്ഷെ അന്ന് അതല്ലാതെ വഴിയില്ലായിരുന്നു, വളപട്ടണം റോഡ് പാലം വരുമ്പോഴേക്കും എന്റെ കോഴ്സ് കഴിഞ്ഞിരുന്നു.

ഡിപ്ലോമ ലഭിച്ചതിനു ശേഷം ജോലിക്കുള്ള അപേക്ഷകൾ അനവധി അയച്ചു. നേവിയിലേക്ക് ഡിപ്ലോമക്കാരെ എടുക്കുന്ന കാര്യം (**Join the Navy, see the World**) ഞാൻ പത്രത്തിൽ വായിച്ചറിഞ്ഞതല്ല, ഭാരത് റെസ്റ്റോറന്റിലെ ഗോവിന്ദമാരാറും ബാർബർ ശേഖരേട്ടനും ആണ് പറഞ്ഞത് ഒന്ന് പോയി നോക്കാൻ. രണ്ടു പേരും അച്ഛന്റെ അടുത്ത സുഹൃത്തുക്കൾ. അങ്ങിനെയാണ് കോഴിക്കോട് വെസ്റ്റ് ഹില്ലിൽ ഉള്ള ബി ആർ ഒ യിലെത്തുന്നത്. മൂന്നു എലിമിനേഷൻ റൗണ്ട് കഴിഞ്ഞു 1981 ഒക്ടോബർ 30ന് ഞാനടക്കം നാലു പേരെ തിരഞ്ഞെടുത്തു.

നാല് പേർക്കുള്ള സെക്കന്റ് ക്ലാസ്സ് ഗ്രൂപ്പ് വാറണ്ടുമായി നേരെ കോഴിക്കോട് റെയിൽവേ സ്റ്റേഷനിലേക്ക്. അതുവരെ അപരിചിതരായിരുന്ന നാല് യുവാക്കൾ അവിടം മുതൽ സുഹൃത്തുക്കൾ ആകുന്നു. മദ്രാസ് മെയിലിന്റെ ജനറൽ കമ്പർട്ട്മെന്റിൽ കയറിപ്പറ്റി ആർക്കോണത്തിറങ്ങി. അവിടെ നിന്ന് കിട്ടിയത് ദാദർ എക്സപ്രസ്സ്. ദാദരിൽനിന്ന് ബോംബെ സെൻട്രലിൽ എങ്ങനെ എത്തിപ്പറ്റിയെന്ന് ഇപ്പോൾ ഓർമ്മയില്ല. ഭക്ഷണമൊക്കെ ഒരുവക തന്നെ, വിശപ്പിനെപ്പറ്റി ചിന്തിച്ചിട്ടേയില്ല. സെൻട്രലിൽ നിന്ന് സൗരാഷ്ട്ര ജനത എക്സ്പ്രസിൽ എങ്ങനെയൊക്കെയോ (ജനലിൽ കൂടി) കയറിക്കൂടി. അന്ന് ജാമ്നാർ വരെ ട്രെയിൻ പോകില്ല, ഹാപ്പായിലിറങ്ങണം. ഹാപ്പയിൽ നിന്ന് **INS** വാൽസുരയിലേക്ക് നേവിയുടെ ട്രക്ക്. ഏഷ്യയിലെ ഏറ്റവും വലിയ ഇലക്ട്രിക്കൽ സ്കൂളാണ് ഇന്ത്യൻ നേവൽ ഷിപ്പ് വൽസുര. അവിടെയും ചില ടെസ്റ്റുകൾ, ഇന്റർവ്യൂ, മെഡിക്കൽ, സർട്ടിഫിക്കറ്റ് വെരിഫിക്കേഷൻ, ഐഡന്റിഫിക്കേഷൻ ഇത്യാദി. ഇതിൽ ഐഡന്റിറ്റി പരിശോധനയിൽ ഒരു രസകരമായ അനുഭവം ഉണ്ടായി, **SSLC** ബുക്ക് പ്രകാരം എന്റെ ഒരടയാളം **one black mole at the left of Adam's apple** ആണ്. ഒരു സർദാർജി ഓഫീസർ ലെഫ്റ്റനന്റ് ചീമയാണ് പരിശോധിക്കുന്നത്, അതു കാണാൻ അദ്ദേഹം എന്നോട് പറഞ്ഞത് പാസ്സാൻ താഴ്ത്താനാണ്.



അങ്ങിനെ രണ്ടാഴ്ചയോളം കടന്നുപോയി. 12ന് ഗോവയിലേക്ക് - ഞങ്ങൾ 15 പേർ - മുൻപേ പോലെ റിസർവേഷനില്ലാതെ. **INS** മണ്ഡാവിയിലാണ് ബേസിക് ട്രെയിനിങ്, ഗേറ്റ് കടന്നതും ക്ലോത്തിങ് സ്റ്റോറിലേക്കാണ് ഞങ്ങളെ തെളിച്ചു കൊണ്ടുപോയത്. അവിടെ നിന്ന് കിറ്റ് - അലൂമിനിയം പ്ലേറ്റും മഗ്ഗുമടക്കം - നിറച്ച ശേഷം നേരെ ബാർബർ ഷോപ്പിൽ, ചെവി മുടുംവിധം ബച്ചൻ സ്റ്റൈലിൽ ഒരുക്കി വെച്ച മുടി അൽപനേരം കൊണ്ട് അപ്രത്യക്ഷമായി, മൂക്കിന് താഴെയുണ്ടായിരുന്ന ഇളം കറുപ്പ് ഷൈഡും. 28 ദിവസം തീവ്ര പരിശീലനം, പുലർച്ചെ നാലു മുതൽ രാത്രി വരെ, അത്താഴശേഷം സിനിമ കാണൽ അടക്കം ഇതിൽ ഉൾപ്പെടും. ആദ്യം കണ്ട ലവ് ട്രൈ ആംഗിൾ സിനിമ 'സിൽസില' ഇപ്പോഴും ഓർമ്മയിലുണ്ട്. ഡിസംബർ 12ന് തിരിച്ചു വൽസുരയിൽ, അന്നവിടെ വാർഷികാഘോഷമായിരുന്നു, ബഡാ ഖാന സഹിതം.

52 ആഴ്ചയാണ് ഇവിടെ പരിശീലനം, അഡ്വാൻസ് കണ്ടോൾ സിസ്റ്റം ഉൾപ്പെടെ എല്ലാ വെപ്പൺ സിസ്റ്റവും ജനറൽ പവർ മുതലായ വിഷയങ്ങൾ കൂടാതെ അഡ്മിനിസ്ട്രേഷനും പരെയും പി ടി യും ക്ലീൻഷിപ്പും എല്ലാം. ഡിപ്ലോമക്കാരായത് കൊണ്ട് മിഡിൽ ലെവലിലാണ് ഞങ്ങൾ ചേർന്നത് എന്നത് കൊണ്ട് ചില വിഷയങ്ങളും ഉണ്ടായിട്ടുണ്ട്. 83 ജനുവരി 23നാണ് ഈ പ്രൊഫഷണൽ ട്രെയിനിങ് തീരുന്നത്. എല്ലാവരും അവരവർക്ക് പോസ്റ്റിങ്ങ് കിട്ടിയ കപ്പലുകളിലേക്ക്, എനിക്ക് കിട്ടിയത് 1980ൽ കമ്മീഷൻ ചെയ്ത **INS** താരാഗിരിയാണ്. ഇനിയങ്ങോട്ട് വിശദീകരിക്കാൻ നിന്നാൽ ഒത്തിരി നീണ്ടുപോകും. താരാഗിരിക്കുശേഷം **INS** തൃശൂർ, **INLCU L31**, **INS** മതംഗ എന്നീ കപ്പലുകൾ കൂടാതെ ബോംബെയിലെ ഷിപ്പ് മൈൻറെനൻസ് അതോറിറ്റി, കൊച്ചിയിലെ നേവൽ ഷിപ്പ് റിപ്പയർ യാർഡ് എന്നിവിടങ്ങളിലും സേവനമനുഷ്ഠിച്ചു. 96 ഒക്ടോബർ ഒന്നിന് കൊച്ചിയിൽ നിന്ന് റിലീസ് സെന്ററായ ബോംബെയിലെ **CABS** ൽ റിപ്പോർട്ട് ചെയ്തു. പുറത്തേക്കിറങ്ങാനും പാകപ്പെടുത്തലിന്റെ ആവശ്യമുണ്ട്, അതിന് ഒരു മാസം അവിടെ.

ഈ 15 വർഷം കടന്നു പോയ എല്ലാ സ്ഥലങ്ങളും ഒരു തരത്തിലല്ലെങ്കിൽ മറ്റൊരു തരത്തിൽ മനസ്സിൽ അടയാളപ്പെട്ടു കിടക്കുന്നു. ബോംബെയിലെ മിക്കവാറും എല്ലാ ടാക്കീസുകളിലും സിനിമ കണ്ടിട്ടുണ്ട്, പ്രത്യേകിച്ച് ഇറോസ് തിയേറ്ററിലെ ഇംഗ്ലീഷ് പടങ്ങളും അവിടത്തെ കോഫിയും. വിശാഖപട്ടണത്തെ ജഗദാംബയും, സ്വപ്ന ഹോട്ടലും രാമകൃഷ്ണ ബീച്ചും അതുപോലെ തന്നെ. കൻകേശൻ തുറയിലെ (ശ്രീലങ്ക) ലാൻഡ് മൈനുകളും ബുള്ളറ്റുകൾ നിറഞ്ഞ ചുമരുകളും ഓർമ്മയിൽ നിന്ന് മായുന്നില്ല. ഇതൊക്കെയാണെങ്കിലും എനിക്ക് ഏറ്റവും ഇഷ്ടപ്പെട്ടത് അന്തമാൻസിലെ മൂന്നര വർഷമാണ്. വൈകുന്നേരങ്ങളിലെ നാഷണൽ ലൈബ്രറിയിലേക്കുള്ള യാത്ര -പോകുന്നത് നടന്നും തിരിച്ചു വരുന്നത് ബസ്സിനും, ഇൻഡോറിലെ ഷട്ടിൽ കളി. അവിടെ പോകാത്ത ദ്വീപുകളില്ല. അവിടെയുള്ളപ്പോഴാണ് വിവാഹം നടന്നത്. മരം കൊണ്ടുള്ള വീടുകളിലാണ് താമസിച്ചിരുന്നത്.





Ex-Service Men **Rtn. Lakshmanan K**



Rtn. Lakshmanan Kuthirakkal was born on May 24, 1966, in Kadannappalli as the eldest son of the late MP Kunhikannan and Kuthirakkal Kunimanikkam. He began his education at Kadannappalli UP School and continued at Mathamangalam High School before completing his pre-degree at Payyanur College. Lakshmanan's life took a significant turn when he joined the Indian Army, marking his first time leaving his native village for training at the Madras Regiment Center Infantry Regiment in Ooty, Wellington.

After nine months of rigorous training, he remained at the training center for three years as the head of the Taekwondo Marshal team, participating in practice sessions across various locations, including Coimbatore. This period of his military career led to an opportunity to join a battalion on a mission in Sri Lanka. Following the mission, Lakshmanan served across India, including on the Jammu and Kashmir border, participating in several critical operations. His distinguished service earned him numerous honors throughout his career. He retired from the Indian Army as a Subedar in 2016 after his final posting with the Kottayam NCC.

Lakshmanan's career highlights include his participation in the UN Mission in Congo, his role as an NSC Commando instructor, and the completion of numerous specialized courses during his time in the Army. One of his most cherished experiences was serving in the high-altitude Kiran sector at the Line of Control (LOC) near Baramulla, Jammu and Kashmir, where he faced the challenges of heavy snowfall, avalanches, and face-to-face encounters with militants at the border, often with sleepless nights. His service also took him to diverse locations such as Jamnagar in Gujarat, the Kutch region, West Bengal, and Orissa.

After his retirement from the Army following 30 years of service, Lakshmanan began working as a Cash Executive with a Chennai-based Cash Management Service company.

In 1993, Lakshmanan married Srilekha M from Mathamangala Perunthatta. They have been blessed with a son, Abhimanyu, who is currently serving as a Mechanical Engineer with Indian Railways in Hubli after completing his engineering degree from CUSAT, Kochi.



SERVICE PROJECTS

During the Month of August 2024



Awareness Session on Plastic Surgery – The Cutting Edge

In continuation with the awareness session on “Disease Prevention” conducted on 16th July, Anns Forum of the Rotary Club of Pilathara organized another session on 11th August at Pilathara Pearl.

The session enlightened on the vast possibilities of plastic surgery, particularly focusing on post-delivery body contouring for women. Dr. Krishnakumar KS, Chief and Senior Consultant in Plastic & Reconstructive Surgery at Baby Memorial Hospital, Kannur, led the session with an informative audio-visual presentation. The interactive session shed light on the role of plastic surgery in addressing accident injuries, correcting birth defects in children, and other advanced restorative procedures.

Anns Forum President Ann Deepa Gireesh welcomed the audience, and Rtn. CK Purushothaman presided over the event.





Rotary
Club of Pilathara
Club No: 78753 RI DISTRICT: 3204



BMH
Baby Memorial Hospital
Kannur



THE MAGIC
OF ROTARY



Dr. Krishna Kumar K.S.
Chief & Senior Consultant-
Plastic & Reconstructive
Surgeon BMH, Kannur



Ann Deepa Gireesh
President
Rotary Club, Pilathara

പിലാത്തറ നോട്ടറി ക്ലബ്ബ് ആൻഡ് ഫോറത്തിന്റെയും,
ബേബി മെമോറിയൽ ഹോസ്പിറ്റൽ കണ്ണൂരിന്റെയും
സംയുക്താഭിമുഖ്യത്തിൽ

Plastic Surgery The Cutting Edge

(Awareness class)



Dr. Krishna Kumar K.S
Chief & Senior Consultant-
Plastic & Reconstructive
Surgeon BMH, Kannur



Ann Deepa Gireesh
President
Rotary Club, Pilathara

2024 August 11 Sunday
3.00 pm onwards
Rotary Pearl, Pilathara
Kannur

PRESIDENT
Ann Deepa Gireesh
Rotary Club, Pilathara

SECRETARY
Ann Thankamani Damodaran
Rotary Club, Pilathara



Gift of Nature – Miyawaki Forest

In line with Rotary International's seventh area of focus and district priorities, Rotary Club of Pilathara launched an afforestation project using the Miyawaki method on 9th August.

The project site, located in Embate, Pariyaram on land owned by Rtn. Sunil Kottarathil, was prepared under the supervision of Rtn. MC Shaji. GGR Rtn. MPH Aravindakshan K inaugurated the project by planting the first sapling. Project Chair Rtn. MC Shaji, with the support of Rtn. Balakrishnan, organized 250 saplings of 25 different native plant varieties.

Rotarians and Anns actively participated in planting the saplings across a 5-cent area. The saplings were planted close together, approximately half a meter apart, to promote dense growth and maximize the project's environmental impact.



Afforestation through Miyawaki Method

Japanese botanist Akira Miyawaki pioneered the Miyawaki technique, a revolutionary approach to creating dense forests using native plants. This method has gained global recognition for its role in urban afforestation, enabling people to grow forests even in small spaces, such as backyards. The technique requires as little as 20 square feet of space and involves planting trees and shrubs closely together. This close spacing promotes dense growth, allowing the plants to protect each other and reduce the sunlight that reaches the forest floor, thereby preventing the growth of parasitic plants.

One of the remarkable features of the Miyawaki method is its ability to accelerate the growth of plants, achieving results up to 10 times faster than conventional methods. Additionally, the forests created using this technique are up to 30 times denser, which enhances biodiversity and environmental benefits. To ensure the success of this afforestation process, the newly planted forest requires consistent maintenance for at least three years, after which it can thrive on its own.

This method is becoming increasingly popular in urban areas worldwide, as it offers a sustainable solution for combating deforestation, restoring ecosystems, and enhancing green cover in cities.



Gift of Cure – Kidney Care Medical Camp

The Rotary Club of Pilathara organized a medical camp at Puravattom, near Kakkara, in collaboration with Karuna Charitable Society and Trinity Medicity Hospital, Perumbadavu, on 25th August 2024.

The camp, focusing on kidney care, was led by Dr. Sandeep K. Sukumaran and Dr. Ayisha Becker, who also conducted an awareness class on the subject. During the camp, Club President Rtn. CK Purushothaman handed over financial aid to a needy patient, Sri Madhusoodanan VG, who is suffering from acute kidney malfunction.

Free medicines were distributed to patients in need. The event was inaugurated by Panchayat President TR Ramachandran, with Project Chairman Rtn. Balakrishnan organizing the camp. Rotary Club members, along with Anns, actively participated in the event, which benefited over 200 people.



Project Chairman addressing the Audience

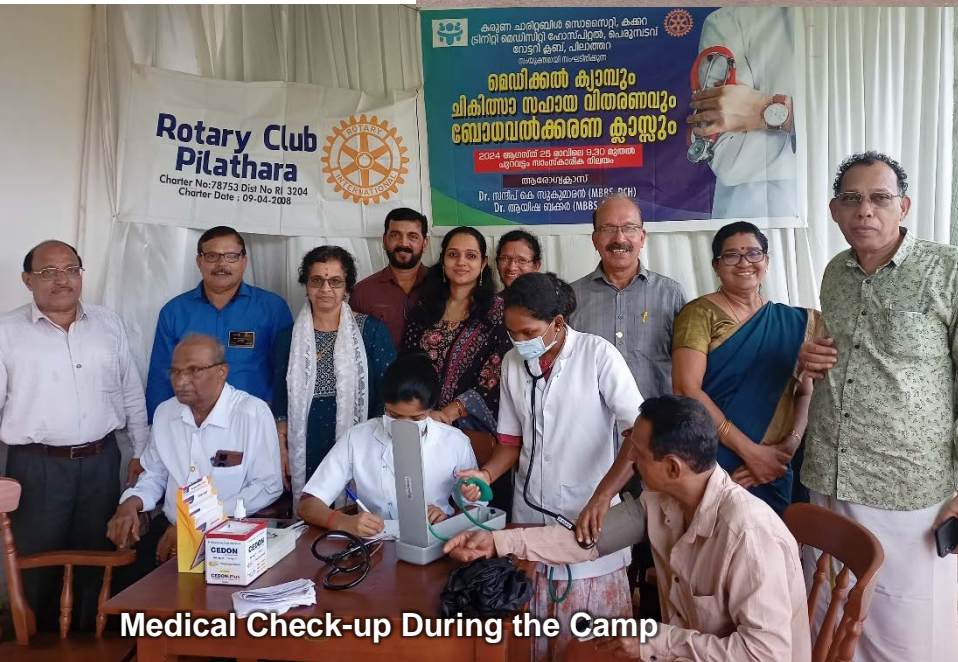
മെഡിക്കൽ ക്യാമ്പ് നടത്തി

പിലാത്തറ • പിലാത്തറ റോട്ടറി ക്ലബ്, പെരുമ്പടവ് ട്രിനിറ്റി മെഡിസിറ്റി, കക്കര കരുണ ചാരിറ്റബിൾ സൊസൈറ്റിയുടെ എന്നിവയുടെ നേതൃത്വത്തിൽ പുറവട്ടം സാംസ്കാരിക നിലയത്തിൽ മെഡിക്കൽ ക്യാമ്പും ചികിത്സാ സഹായ വിതരണവും ആരോഗ്യ ബോധവൽക്കരണ ക്ലാസും നടത്തി. പഞ്ചായത്ത് പ്രസിഡന്റ് ടി.ആർ.രാമചന്ദ്രൻ ഉദ്ഘാടനം ചെയ്തു. വാർഡ് അംഗം പി.വി.എ അധ്യക്ഷത വഹിച്ചു. റോട്ടറി ക്ലബ് പ്രസിഡന്റ് സി.കെ.പുരുഷോത്തമൻ ചികിത്സാ സഹായ വിതരണം ചെയ്തു. പ്രഫ. കെ.രവിന്ദ്രൻ, കെ.വി.ഗോവിന്ദൻ, എം.ബാലകൃഷ്ണൻ, എഫി.ബാബുരാജ്, കെ.വി.ഉണ്ണിക്കൃഷ്ണൻ എന്നിവർ പ്രസംഗിച്ചു.





Medical Team with the Organisers



Medical Check-up During the Camp



Distribution of Financial Aid





Gift of Nature – Exploring the Biodiversity of Madayippara

On 20th August 2024, the Rotary Club of Pilathara, led by the Anns Forum, organized an educational visit to Madayippara for the students of Central MLP School, Mattul.

Known for its rich biodiversity, Madayippara provided an ideal setting for an eco-awareness program. Botanist Sri Kunhikrishnan Master guided the students through the area, explaining the importance of preserving natural resources. The program was inaugurated by Hyma Teacher, HM of GBVHSS Madayi, at 10:30 am. Anns Forum President Ann Deepa Gireesh welcomed the students and parents, while Club President Rtn. CK Purushothaman presided over the event.

The students thoroughly enjoyed the awareness session on the environment and ecosystem, which fostered a sense of connection with nature - an essential lesson in today's world.



RI District : 3204, Club No : 78753

പിലാത്തറ റോട്ടറി ക്ലബ്ബ് ആൻഡ് ഫോറം & സെൻട്രൽ മൂസ്ലിം ഹിൽ പി സ്കൂൾ മാട്ടൂർ സംഘടിപ്പിക്കുന്ന

പ്രകൃതിയെ അറിയാം

A walk through Madayippara that is known for its biodiversity

A. Kunhikrishnan Master
SEEK, Edat

FACULTY

M. HYMA
HM, GBVHSS, Madayi

INAUGURATION

Tuesday
20 August
10:30 am - 12:00 noon

Madayippara

President
Ann. Deepa Gireesh

Secretary
Ann. Thankamani Damodaran

Gift of Share (Organ Donation) – Awareness Session

An awareness program on Organ Donation was held on 14th August at Pilathara Pearl, the home of Rotary Club of Pilathara. Rtn. Dr. KV Prakash led the session, emphasizing the concept of the "Gift of Life after Life." He explained the significance of organ donation and detailed the procedures involved, including which organs can be donated posthumously and the time frame within which transplants need to be conducted.

The session also addressed the issue of organ donation misuse in society, which often prevents the right people from benefiting. During the Q&A session, participants clarified their concerns about organ donation. Many Rotarians were inspired by the session's insights and expressed their willingness to register for organ donation, realizing the profound impact it can have on saving lives.



Donation of Books – Koran Peedika Vayanasala

Yuvajana Vayanasala, Koran Peedika, Pariyaram, is recognized for its community service, particularly in fostering a reading culture among the younger generation. On 11th August, Rotary Club of Pilathara supported this noble mission by donating books to Yuvajana Vayanasala, contributing to their ongoing efforts in spreading basic education and literacy within the society.

The books were generously arranged by Immediate Past President Rtn. PHF KP Muraleedharan. During the occasion, Rtn. MPH Prof. Raveendran K, Rtn. PHF Surendranath, Rtn. CK Purushothaman, Ann. Deepa Gireesh, and Rtn. Bindu Surendranath delivered facilitation speeches, highlighting the importance of education and the impact of the initiative.





Supporting Anganvadi with a Mixer Grinder

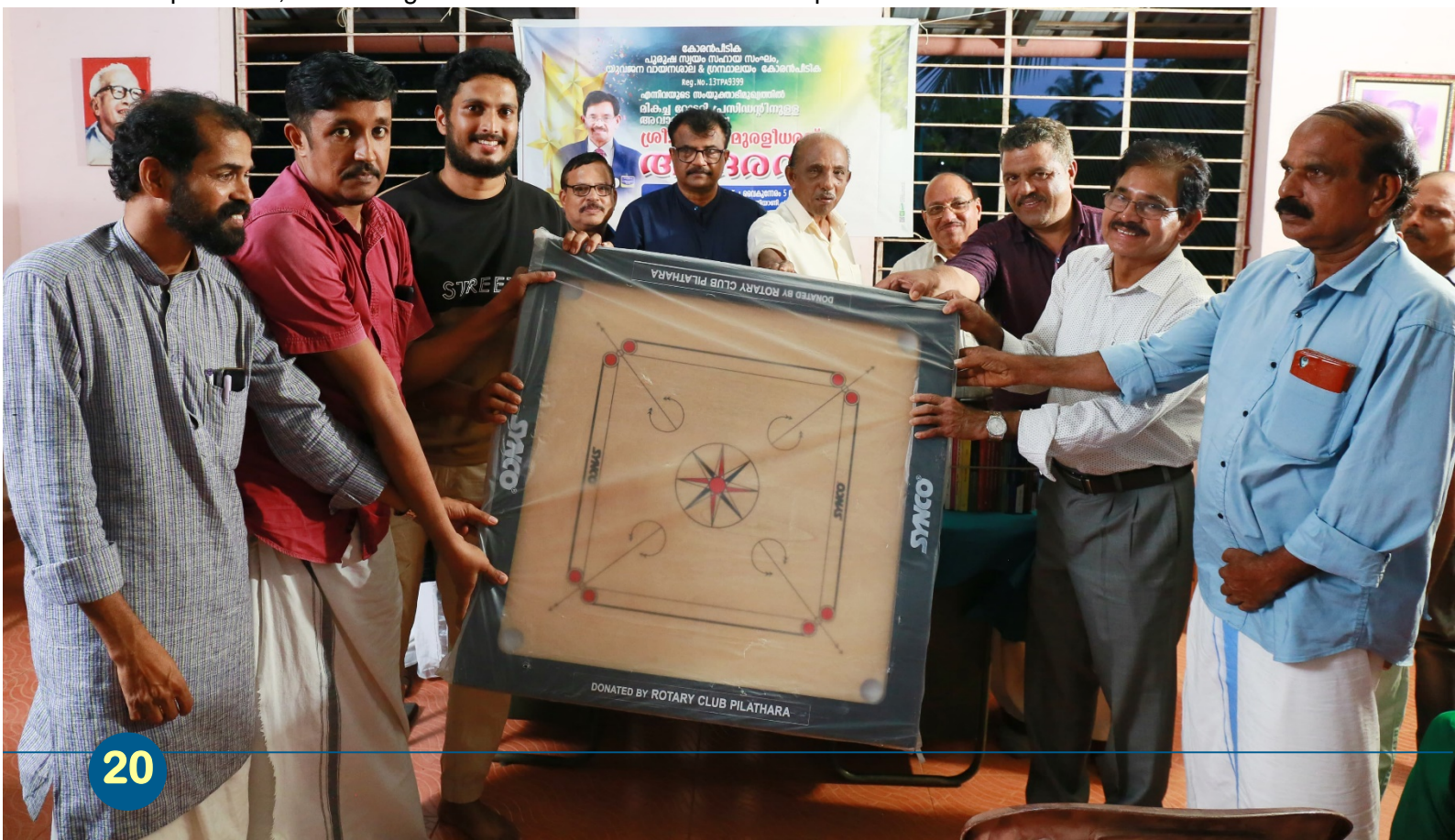
"Today's children are tomorrow's leaders." Kindergartens and Anganwadis play a crucial role in shaping the mindset of children at an early stage, helping them grow into compassionate individuals who understand social needs and contribute positively to society.

On 15th August, Rotary Club of Pilathara extended support to the Anganwadi at Chumaduthangi, Pilathara by donating a brand new mixer grinder, sponsored by Club President Rtn. CK Purushothaman. The Anganwadi workers expressed their gratitude and emphasized how such acts of service contribute to nurturing a new generation that is better equipped to serve and support the community.

Donation of Carom Board to Yuvadhara Sports Club

Developing a healthy mindset among the youth is crucial for building a proactive society capable of addressing the challenges of the future. In this spirit, on 11th August, Rotary Club of Pilathara donated a carom board to Yuvadhara Arts and Sports Club in Koran Peedika, Pariyaram.

The carom board, arranged by Immediate Past President Rtn. PHF KP Muraleedharan, aims to encourage youth engagement in constructive activities. During the event, the importance of Rotary's role in uplifting society was emphasized, resonating with both club members and the public in attendance.



Vocational Service – Career Guidance & Skill Development

On the occasion of the 78th Independence Day, Rotary Club of Pilathara, in partnership with Archikites Computer Education, Pilathara, launched the Freedom Scholarship - 2024 program. This initiative offers a 15% discount on the Computer Diploma course, with an additional opportunity for 10 selected applicants to receive free Job Skill Training and a Digital Marketing Expert Course that includes three months of intensive learning followed by three months of on-the-job training, providing a solid foundation for securing high-profile digital marketing jobs.

By encouraging the younger generation to acquire in-demand skills, the Freedom Scholarship program contributes to creating a skilled workforce. Supporting the nation's theme of "Vikasith Bharath" for this year's Independence Day, this initiative exemplifies the type of efforts that can help transform India into a developed country by 2047, the centennial year of independence, by nurturing a responsible and empowered generation.

This initiative aims to foster personality development and career success among the participants.

ഇന്ത്യയുടെ വികസനത്തിനായ് കമ്പ്യൂട്ടർ പഠിക്കാം!!!

റോട്ടറി ക്ലബ് പിളാത്തറ, ആർച്ചി കൈറ്റ്സ് കമ്പ്യൂട്ടർ എഡ്യൂക്കേഷൻ
ഫ്രീഡം സ്കോളർഷിപ്പ് 2024

100% സ്കോളർഷിപ്പോടുകൂടിയ പഠനം.
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ഡിജിറ്റൽ മാർക്കറ്റിംഗ് എക്സ്പേർട്ട്**
COMPREHENSIVE 6-MONTH PROGRAM:
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*ആഗസ്ത് 15 വരെ എല്ലാ ഡിപ്പോള കമ്പ്യൂട്ടർ
കോഴ്സുകൾക്കും 15% ഫീസിലുവേ.

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Membership Orientation Talk

Members are the foundation of any club, and Rotary Club of Pilathara is renowned for attracting quality members and retaining them by fostering a sense of belonging and promoting the values of Rotary International through meaningful service to society.

On 28th August 2024, GGR Rtn. MPHF Aravindakshan conducted an insightful membership orientation session focusing on recruitment, retention, and quality enhancement of members. The session was well-received, especially with the anticipation of a new member joining the club the following day, further strengthening the club's commitment to growth and service.



Weekly Meeting (7-August-2024)

The Rotary Club of Pilathara held its weekly meeting on 7th August 2024 at 7:00 pm. Rtn. PHF Rajmohan NV welcomed the members. President Rtn. CK Purushothaman provided updates on upcoming activities, including the Wayanad Disaster Management Fund, District Priority Projects such as Gift of Nature (Miyawaki), Gift of Share, Gift of Cure, and the Freedom Scholarship program. He commended members for their contributions to the Wayanad Disaster Fund. It was decided to inaugurate the Miyawaki Forest project on 9th August under the supervision of Rtn. PHF MC Shaji. The president urged members to pursue new membership leads. Charter President Rtn. MPH Prof. Raveendran released the second edition of the club newsletter, RIPPLES. The Paris Olympics also sparked discussion, with members expressing support for Indian athlete Vinesh Phogat. Aligned with Rotary's Designated Months plan, an awareness session on Maternal Health Care is scheduled for 11th August. The meeting adjourned at 8:00 pm.

Weekly Meeting (14-August-2024)

On 14th August at 7:10 pm, the Rotary Club of Pilathara held its weekly meeting. Rtn. MPH Chathukutty Nambiar welcomed the members. In his presidential address, Rtn. CK Purushothaman outlined plans for the upcoming Independence Day celebrations and the Freedom Scholarship, a career guidance program in association with Archikites Pilathara. He also shared details of the Gift of Cure (Kidney Care) project, scheduled for 25th August at Kakkara, chaired by Rtn. Balakrishnan. Rtn. Balakrishnan provided a brief on the club's recent activities, including the inauguration of the Gift of Nature (Miyawaki Forest) project, the Maternal and Child Health session organized by the Anns Forum on 11th August, support extended to Yuvadhara Arts and Sports Club, Koran Peedika, and the donation of books to Yuvajana Vayanasala, Koran Peedika. A special session on Gift of Share – Organ Donation was conducted by Rtn. Dr. KV Prakash. The meeting adjourned at 8:40 pm.





Weekly Meeting (21-August-2024)

The Rotary Club of Pilathara held its eighth meeting of the 2024-25 term at Pilathara Pearl, starting at 7:00 pm. Rtn. MPHF MC Shaji welcomed the members, followed by President Rtn. CK Purushothaman's briefing on upcoming projects aligned with district priorities. A medical camp focusing on Gift of Cure - Kidney Care is scheduled for 25th August at Puravattam, chaired by Rtn. Balakrishnan. Financial aid will also be provided to a needy patient at the conclusion of the camp. Acting Secretary Rtn. Balakrishnan summarized recent club activities, and members actively participated in discussions supporting ongoing initiatives. Past President Rtn. PHF Satheesan KC was appointed as the Program Chair for the Family Meeting and New Member Induction ceremony, set for 29th August. Additionally, Rtn. Balakrishnan and Rtn. PP Damodaran were appointed to the Audit Committee to review the accounts for the 2023-24 term. The meeting adjourned at 8:40 pm.

Weekly Meeting (28-August-2024)

The weekly meeting dated 28th August started at 7:05 pm. Rtn. Gireesh Kumar welcomed the members, followed by the Presidential address by Rtn. CK Purushothaman. He emphasized the importance of active participation in the upcoming Family Meet on 29th August, where a new member will be inducted. He also urged more members to join the Multi-District Public Image Seminar on 1st September. He encouraged all members to contribute a minimum of Rs. 2500 towards The Rotary Foundation (TRF) and Rs. 500 towards the Polio Fund this year. Collection of contributions towards Wayanad Disaster Management Fund from the members will be closed on 31st August. Joint Secretary Rtn. Balakrishnan presented the Secretary's Report, detailing the medical camp held on 25th August at Puravattam. GGR Rtn. MPHF Aravindakshan led a session on the importance of membership. The meeting concluded with a decision to update the road signboards complying with branding guidelines. The meeting adjourned at 8:15 pm.



FAMILY Meeting

and NEW MEMBERS INDUCTION



29 AUG 7:00 PM
Thursday

PILATHARA PEARL

Chief Guest

Rtn. MPHF Er. CR NAMBIAR
(District Gen. Secretary)

President
Rtn. CK Purushothaman

Program Chair
Rtn. PHF KC Satheesan

Secretary
Rtn. Sunil Kottarathil

FAMILY MEETING- AUGUST 2024



The Rotary Club of Pilathara conducted its August Family Meeting on 29th August at Pilathara Pearl. The event was inaugurated by District General Secretary Rtn. MPHF Er. CR Nambiar and was sponsored by Rtn. Dr. Prabhakaran.

A highlight of the evening was the induction of new member Ramesh Chirayil, who was welcomed into the club by GGR Rtn. Aravindakshan with the traditional lapel pin ceremony. Special recognitions were given to Rtn. MPHF MC Shaji, Rtn. M Balakrishnan, and Anns Forum President Ann. Deepa Gireesh for their remarkable contributions to the club and their efforts in organizing community projects that enhanced the club's standing in society. Members, along with their spouses, Anns, Annets, relatives, and friends, actively participated in entertainment activities, fostering camaraderie and strengthening bonds within the club. Special milestones in the lives of members were celebrated with a cake-cutting ceremony, making the event a memorable gathering for all attendees.



Board Meeting (7-August-2024)

The Director Board of Rotary Club of Pilathara convened at Pilathara Pearl on 7th August 2024 at 6:15 pm to plan and organize upcoming projects and programs. President Rtn. CK Purushothaman outlined the District's strategy for the Wayanad Disaster and urged members to contribute to the Wayanad Disaster Management Fund.

He also emphasized the focus on membership for the month, encouraging collective efforts to induct at least five new members this year. Secretary Rtn. Sunil Kottarathil led discussions on planned projects and invited further suggestions from the members. He reported that semi-annual membership dues had been collected from 36 members, and RI, District, and Magazine dues were paid before the 31st of July. Club accounts up to the end of July were distributed for review. The meeting concluded at 6:45 pm.

New Member Induction

Spreading awareness about Rotary International's noble services is crucial for the organization's growth and attracts new members who can effectively contribute to societal service. Rotary Club of Pilathara actively promotes its activities and follows a selective process for new member induction. Prospective members are invited only after demonstrating their commitment and service-oriented mindset, ensuring the club's quality and reinforcing its vision and mission.

On 29th August 2024, Rotary Club of Pilathara welcomed Ramesh Chirayil as a new member. GGR Rtn. MPHF Aravindakshan conducted the traditional lapel pin ceremony to formally induct Rtn. Ramesh into the club. Rtn. Ramesh is a finance professional residing in Mullool, Thaliparamba with his family.



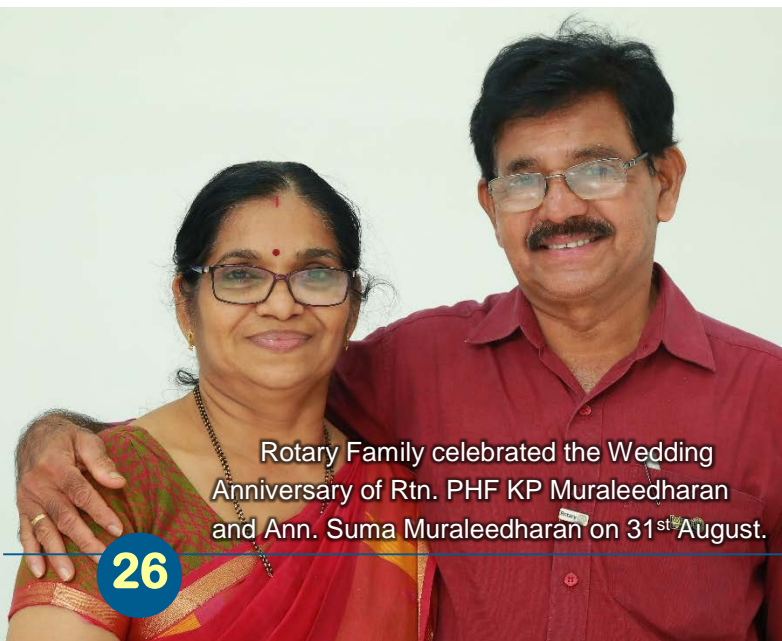
Promoting Rotary International and raising awareness to attract others towards Rotary is one of the most impactful contributions a Rotarian can make during their membership. Numerous opportunities exist around us to help the organization grow. On 14th August, during the Toastmasters International Annual Conference at Marriott, Anaheim, California, USA, Rtn. Sunil Kottarathil, Secretary of Pilathara Rotary Club, actively supported the Rotary International promotional campaign. By engaging non-Rotarians at the stall, he played a vital role in spreading the message of Rotary.

The Rotary-Toastmasters alliance, which focuses on sharing educational programs for mutual benefit, was a key aspect of raising awareness. Toastmasters from around the world were introduced to Rotary, inspiring them to explore involvement with Rotary activities upon returning to their home countries. Rtn. Sunil's time spent with Carrie Goldbeck, a member of Rotary International's Membership Development Team, provided deeper insights into Rotary's initiatives globally, enriching his understanding of the organization's impact beyond borders.



Global Marketing Minds Qatar recently conducted an extensive training program for Al Fernad Qatar, a leading marketing company in the region. The program was inaugurated by Sheikh Abdul Shameen, marking the beginning of a prestigious event that brought together top professionals in the field. Among the distinguished trainers was Rtn. PHF Surendranath, who was invited to share his expertise during the event.

Spending ten days in Qatar, Rtn. Surendranath contributed significantly to the knowledge exchange and skill development, while also gaining insights into the latest trends in global marketing. The Rotary Club of Pilathara proudly celebrates this momentous achievement, recognizing the honor and recognition Rtn. Surendranath has earned on the international stage. This milestone is a testament to his dedication and expertise, and will be cherished for years to come.



Rotary Family celebrated the Wedding Anniversary of Rtn. PHF KP Muraleedharan and Ann. Suma Muraleedharan on 31st August.



Rotary Family celebrated the Wedding Anniversary of Rtn. Rajeevan UV and Ann. Sheeba Rajeev on 2nd August.

Rtn. Ramesh Chirayil

Meet Our New Member



Rtn. Ramesh Chirayil is a highly accomplished finance professional with over 22 years of experience in Bahrain's dynamic real estate sector. His journey began with strong academic achievements, completing his CA Intermediate, which laid the foundation for his successful career. Ramesh's expertise was showcased through his role as Finance Manager at BINFAQEEH Real Estate Investment Company in Bahrain, where his strategic financial management contributed significantly to the company's growth.

Ramesh was born to late Sri. Narayanan and late Smt. Narayani, whose values of integrity, perseverance, and dedication shaped his character. These values continue to drive him as he balances his professional success with a deep commitment to his family and community.

A devoted family man, Ramesh is the proud father of Hrithik, who is pursuing a Mechanical Engineering degree at Vimal Jyothi Engineering College, Chemberi. His wife, Jisha Ramesh, is a talented civil engineer, and together they form a supportive and accomplished family.

Beyond his professional and family life, Ramesh has a passion for community service. He has been an active member of the Lions Club, Pilathara, and is the Managing Director of SPECTRA Family Clinic, Poly Clinic Pharmacy, and Medical Lab in Pilathara. His leadership in healthcare and service exemplifies his commitment to improving the lives of those around him.

Ramesh's life is a testament to hard work, resilience, and service to others, making him a valued member of both his professional and local communities.

Rotary



Experience the **MAGIC** at
Rotary Club of Pilathara.

We meet every Wednesday
evening 7pm to 8pm at
Pilathara Pearl, Arathil,
the Home of Rotarians in Pilathara.

Rotary Club of Pilathara
RI District: 3204, Club No: 78753

5TH SEPTEMBER

HAPPY TEACHERS' DAY

Rotary Club Of Pilathara wishes all members and Anns engaged in education service a very happy Teachers Day.

Rtn. CK Purushothaman President | Rtn. Sunil Kottarathil Secretary

Rotary Club of Pilathara
RI District: 3204, Club No: 78753

A HELPING HAND

Distribution of Onam Kits to the inmates of Asraya Swasraya Sangham, Mothamangalam, on Saturday, 7th September 12 noon at their shelter home.

7-Sept Saturday 12:00 Noon

In the loving memory of Late Rtn. PHF MV Purushothaman

Inauguration: GGR (District 3204) Rtn. MPH Aravindakshan K

Organized by: Rtn. PK Bijoy

Rtn. CK Purushothaman President | Rtn. Sunil Kottarathil Secretary

Rotary Club of Pilathara
RI District: 3204, Club No: 78753

ROTARY QUIZ CONTEST

QUIZ MASTER Rtn. PV Surendranath Zonal Learning Facilitator

Wednesday 11 September 20:00 - 21:00 Hrs

Rotary Pearl, Pilathara

Rtn. CK Purushothaman President | Rtn. Sunil Kottarathil Secretary

Rotary Club of Pilathara
RI District: 3204, Club No: 78753

Anns Forum of Pilathara Rotary Club organizes

EMPOWERING GIRLS

by supporting girls at Mahila Shikshan Kendra, Padannakkad

12th September, Thursday 5:00 to 7:30pm

- Cloths distribution
- Menstrual hygiene awareness
- Food and utilities

Anns Forum President: Ann. Deepa Gireesh | Anns Forum Secretary: Ann. Thankamani Damodaran

Rotary Club of Pilathara
RI District: 3204, Club No: 78753

Inviting Nominations for

NATION BUILDER AWARD

Requesting all members to identify deserving candidates for NATION BUILDER Award to be presented during September first week.

Stay Tuned

Rtn. CK Purushothaman President | Rtn. Sunil Kottarathil Secretary

Rotary Club of Pilathara
RI District: 3204, Club No: 78753

ONAM CELEBRATIONS
29 SEPTEMBER

Fun
Feast
Family
Friends
Festivity
Fellowship
Floral Decoration

President: Rtn. CK Purushothaman | Project Chair: Rtn. Gireesh Kumar | Secretary: Rtn. Sunil Kottarathil



Rtn. Purushothaman CK
President

Rtn. Sunil Kottarathil
Secretary

